

Case Study: From Silence to Sprint Reviews

How a Team of Mexican Developers Became Confident Communicators in English

Client: Do IT Cloud Consulting (Mexico City, Mexico)

Program Duration: November 2023 – Ongoing (as of August 2025) **Format:** Weekly group coaching (4–6 devs), private 1:1 follow-ups

Coaches: Junior Gonzalez, Sonja Schemerhorn

■ The Challenge

The team, while technically outstanding, faced serious challenges during English meetings: they froze, defaulted to written updates, avoided client interactions, and couldn't speak confidently under pressure.

■ The Goals

- Speak confidently in client/internal meetings
- Reduce hesitation and long pauses
- Improve pronunciation and clarity
- Learn meeting-specific English (standups, demos)
- · Build fluency without academic drills

■■ The Solution: A Custom Coaching Program

We created a developer-specific coaching program using Google Classroom and Kahoot for async drills, focusing on practical language over textbook theory.

- ✓ Weekly small group sessions
- ✓■ Roleplays: standups, demos, bug reporting
- ✓■ Accent reduction using dev vocabulary
- ✓■ Google Classroom + Kahoot homework
- ✓ Optional 1:1 sessions for presentations

■ The Results (After 6–12 Months)

- Active participation in meetings
- Led sprint reviews in English
- Clearer pronunciation, fewer filler words
- 70% increase in client comprehension
- Greater team confidence and visibility

■ What the Client Said

"I used to avoid talking in meetings—now I'm the one explaining our updates. This coaching didn't just help my English, it changed how I feel about speaking."

"Sonja and Junior's sessions were exactly what we needed. They understood our world and made us feel safe to speak up."

■ Why It Worked

It wasn't just English—it was confidence, clarity, and communication tailored to a dev's world.

■■ Program Specs

- 2-year+ contract
- Weekly live Zoom sessions
- Asynchronous support (Google Classroom + Kahoot)
- Optional 1:1 for presentations/interviews

■ Interested in Coaching Your Team?

Let's turn your team's potential into clear, confident English communication.

- Book a discovery call at +1 (509) 572-8219
- Or email: info@londonacademy.co